

EQUALITY WHEEL

NON-VIOLENCE

NEGOTIATION AND FAIRNESS

- Seeking mutually satisfying resolutions to conflict
- Accepting change
- Willing to compromise

Non-Threatening Behavior

 Talking and acting so that they feel safe and comfortable expressing themselves

ECONOMIC PARTNERSHIP

- Making money decisions together
- Making sure both partners benefit from financial arrangements

SHARED RESPONSIBILITY

- Mutually agreeing on a fair distriution of work
- Making family decisions together

EQUALITY

RESPECT

- Listening non-judgementally
- Being emotionally affirming & understanding
- Valuing opinions

TRUST & SUPPORT

- Supporting their goals
- Respecting their right to feelings, friends, activities & opinions

RESPONSIBLE PARENTING

- Sharing parental responsibilities
- Being a positive role model for children

HONESTY AND ACCOUNTABILITY

- Accepting responsibility for self
- Acknowledging past violence
- Admitting being wrong
- Communicating openly and thruthfully

NON-VIOLENCE

The Equality Wheel is a visual representation of the qualities necessary for healthy relationships and is based on the Domestic Abuse Intervention Project in Duluth, MN.